



Public Health LOOK OUT!

- National Breast Cancer Awareness Month is observed in October in order to bring awareness to the importance of early detection and treatment. Breast cancer is the second most common cancer in women in the United States, and while screenings cannot prevent it, they can help identify it early on when it is easier to treat. For more information and resources please visit the CDC [breast cancer awareness](#) page.
- October is also Sudden Infant Death Syndrome (SIDS) Awareness Month. The CDC defines SIDS as the sudden and unexpected death of a baby younger than 1 year of age that does not have a known cause even after investigation. Although health care providers and researchers do not know the exact cause of SIDS, research has shown that parents and caregivers can help reduce the risk of SIDS by implementing safe sleep practices. For more information please visit the [CDC's page for parents and caregivers](#).
- Mental Illness Awareness Week (MIAW) was established by Congress in 1990 and takes place the first week of October, with the purpose of bringing advocates together to educate the public about mental illness. This year's theme is "What People with Mental Illness Want You to Know." For more information and resources please visit [nami.org](#).

For the most recent information on COVID-19 in Florida please visit:

<https://floridahealthcovid19.gov/>

In this Issue

Public Health Lookout	1
COVID-19 Resources and Guidance	2
EDC-IS Influenza Respiratory Illness Surveillance Report	3
Selected Reportable Disease and Conditions for August 2020	4
What's New at DOH Miami-Dade	5



Click the image to the left to watch the video.

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BACK-TO-COLLEGE TIPS

Protect Yourself from COVID-19

Watch your distance

Stay at least 6 feet apart from others, when possible



Wash your hands

or use hand sanitizer with at least 60% alcohol



Wear a mask

in public spaces and common areas



The more closely you interact with others and the longer that interaction, the higher the risk of COVID-19 spread.

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DORM

- Avoid sharing items with roommates or others.
- If you do, clean and disinfect before sharing or using.

SHARED BATHROOM

- Avoid placing toothbrushes directly on counter surfaces.
- Use totes for personal items to limit contact with other surfaces in the bathroom.

CLASSROOM

- Enroll in online classes if they fit your educational needs.
- Wipe down your desk with a disinfectant wipe if possible.
- Skip seats or rows to create physical distance between other students.
- Avoid placing your personal items (e.g., cell phone) on your desk.

DINING HALL & MEALS

- Avoid sharing food, drink, utensils or other items with people.
- Pick up grab-and-go options for meals if offered.
- Avoid buffets and self-serve stations.

LAUNDRY ROOM

- Clean and disinfect surfaces that others have touched (e.g., buttons on the washing machine).
- Wash masks in warmest appropriate water setting for the fabric.



BEFORE YOU GO OUT, TAKE THE FOLLOWING:

- Mask
- Tissues
- Hand sanitizer
- Disinfection wipes (if possible)

cdc.gov/coronavirus

KEY TIMES to Clean and Disinfect Your Home



Daily!

This includes tables, doorknobs, light switches, counter-tops, handles desks, phones, keyboards, toilets, faucets, and sinks.



If someone in the home is sick

If someone in the home is sick, after they touch additional surfaces that someone else in the home may touch, like bathroom surfaces, utensils, light switches, etc.



Keep cleaning supplies out of the reach of children.

Clean: Use soap and water to clean dirty surfaces, prior to disinfection.
Then, disinfect: apply disinfectant to surface, most of the common EPA registered household disinfectants work.



cdc.gov/coronavirus

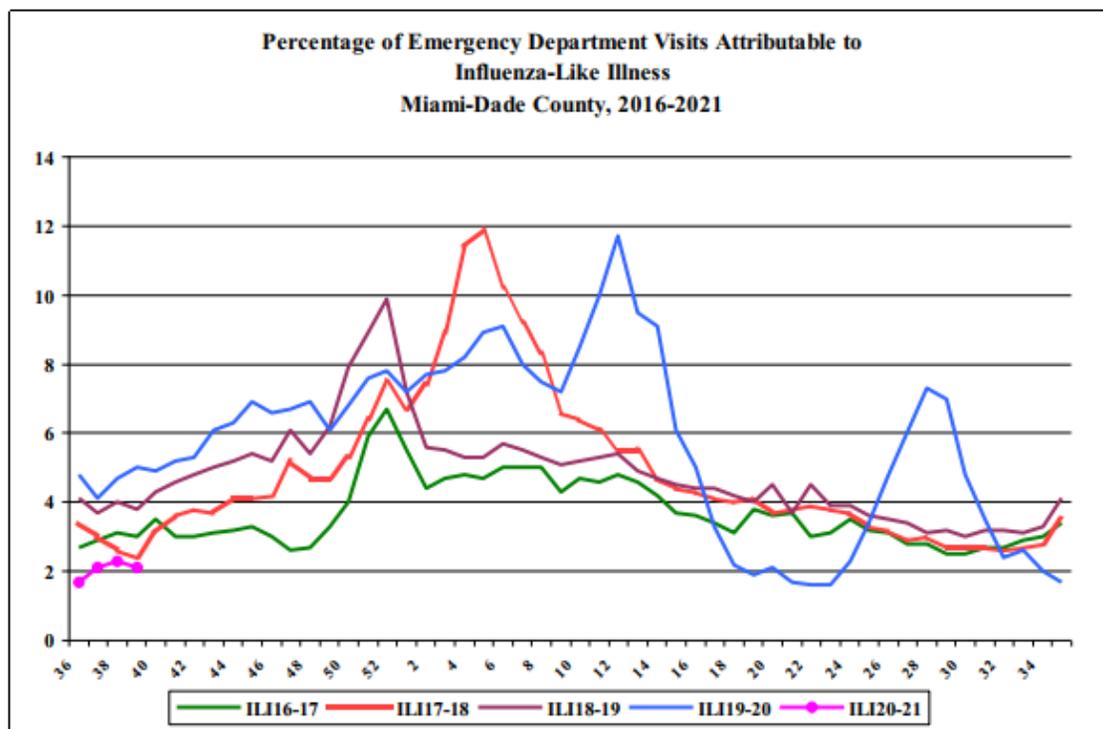
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Florida Department of Health in Miami-Dade County Epidemiology, Disease Control and Immunization Services

Influenza Like Illness Surveillance Report

On a daily basis, all of Miami-Dade County's emergency department (ED) hospitals electronically transmit ED data to the Florida Department of Health. This data is then categorized into 11 distinct syndromes. The influenza-like illness (ILI) syndrome consists of fever with either cough or sore throat. It can also include a chief complaint of "flu" or "ILI". This season's 2020-2021 data is compared to the previous 4 influenza seasons (2016-2017, 2017-2018, 2018-2019, 2019-2020).

Influenza-Like-Illness, All Age



Across all ages, there were 23,215 ED visits; among them 477 (2.1%) were ILI. During the same week last year, 5.0% of ED visits were ILI.

PARTICIPATE IN INFLUENZA SENTINEL PROVIDER SURVEILLANCE

Florida Department of Health in Miami-Dade County NEEDS Influenza Sentinel Providers!

Sentinel providers are key to the success of the Florida Department of Health's Influenza Surveillance System. Data reported by sentinel providers gives a picture of the influenza virus and ILI activity in the U.S. and Florida which can be used to guide prevention and control activities, vaccine strain selection, and patient care.

- Providers of any specialty, in any type of practice, are eligible to be sentinel providers.
- Most providers report that it takes **less than 30 minutes a week** to compile and report data on the total number of patients seen and the number of patients seen with influenza-like illness.
- Sentinel providers can submit specimens from a subset of patients to the state laboratory for virus isolation **free of charge**.

For more information, please contact
Stephanie Calle at 305-470-5660.



Miami-Dade County Monthly Report Select Reportable Disease/Conditions August 2020

Diseases/Conditions	2020 Current Month	2020 Year to Date	2019 Year to Date	2018 Year to Date
HIV/AIDS				
AIDS*	19	212	290	310
HIV	69	673	967	938
STD				
Infectious Syphilis*	36	287	257	294
Chlamydia*	1167	7418	10127	8927
Gonorrhea*	485	2735	3138	2825
TB				
Tuberculosis**	6	53	84	77
Epidemiology, Disease Control & Immunization Services				
Epidemiology				
Campylobacteriosis	48	360	602	570
Chikungunya Fever	0	0	0	1
Ciguatera Poisoning	2	7	30	23
Cryptosporidiosis	0	13	39	27
Cyclosporiasis	0	2	25	0
Dengue Fever	3	13	0	0
Escherichia coli, Shiga Toxin-Producing	0	34	104	113
Encephalitis, West Nile Virus	0	0	0	0
Giardiasis, Acute	4	71	127	122
Influenza, Pediatric Death	0	0	1	1
Legionellosis	1	16	35	35
Leptospirosis	0	0	0	1
Listeriosis	5	9	1	4
Lyme disease	0	3	2	2
Malaria	0	0	0	3
Meningitis (except aseptic)	0	4	6	7
Meningococcal Disease	0	2	2	0
Salmonella serotype Typhi (Typhoid Fever)	0	0	2	3
Salmonellosis	78	504	654	523
Shigellosis	3	82	197	218
Streptococcus Pneumoniae, invasive disease	0	37	0	0
Vibriosis	7	9	12	4
West Nile Fever	10	17	0	0
Zika Virus (non-congenital)	0	0	20	20
Immunization Preventable Diseases				
Measles	0	0	0	3
Mumps	0	1	54	6
Pertussis	0	9	25	13
Rubella	0	0	0	0
Tetanus	0	0	0	0
Varicella	0	24	104	54
Hepatitis				
Hepatitis A	2	10	29	12
Hepatitis B (Acute)	2	37	20	35
Healthy Homes				
Lead Poisoning	7	57	87	132

*Data is provisional at the county level and is subject to edit checks by state and federal agencies.

** Data on tuberculosis are provisional at the county level.

Data on EDC-IS includes Confirmed and Probable cases.

What's New at DOH Miami-Dade

- DOH Miami-Dade is under a mosquito borne illness alert. A case of dengue fever of local transmission has been confirmed in a Miami-Dade resident, the second of the year. Visit the [Centers for Disease Control and Prevention](#) for more information on dengue.
- The Florida Department of Health in Miami-Dade County's Consortium for a Healthier Miami-Dade will be hosting a webinar event: [Health Equity in 2020: What does this Mean and Why Does it Matter in the Age of COVID-19?](#) On October 2nd. Registration is open to the community.
- To find a free testing location near you please visit: <https://www.miamidade.gov/global/initiatives/coronavirus/testing-locations.page>.



Health Equity in 2020

What does this mean and why does it matter in the age of COVID-19?

Brought to you by the Consortium For A Healthier Miami-Dade

To report diseases and for information, call EDC-IS at:

Childhood Lead Poisoning Prevention Program	305-470-6877
Epidemiology and Disease Surveillance	305-470-5660
Hepatitis Program	305-470-5536
HIV/AIDS Program	305-470-6999
Immunization Services	305-470-5660
STD Program	305-575-5430
Tuberculosis Program	305-575-5415
Appointment Line	786-845-0550

About the Epi Monthly Report

The Epi Monthly Report is a publication of the Florida Department of Health in Miami-Dade County: Epidemiology, Disease Control & Immunization Services. The publication serves a primary audience of physicians, nurses, and public health professionals. Articles published in the Epi Monthly Report may focus on quantitative research and analysis, program updates, field investigations, or provider education. For more information or to submit an article, please contact Vanessa Villamil at 305-470-5643 or vanessa.villamil@flhealth.gov.

